

The Effectiveness of Imago Relationship Training on Marital Intimacy in Addicts and their Wives

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Abstract

Introduction: The purpose of this study was to investigate the effectiveness of imago relationship training on marital intimacy in addicts and their wives. **Method:** The present research design was quasi experimental. The population consisted of all addicts and their wives referred to the addict treatment clinics through fall, 1388 in 6th region of Tehran city. The sample of study included 24 couples who participated in training courses of Jamiyat-e Aftab and Baztavani-e Etiyad-e Novin clinics. Participants randomly assigned to control (12 couples) and experimental (12 couples) groups. Couples in experimental group trained for 8 sessions in 1.5 hours. Measurement tool was Marital Intimacy Scale (MIS). Data was analyzed by independent samples t-test. **Finding:** Results indicated that Imago relationship training increased marital intimacy of addicts and their wives. Also there was no significant difference between marital intimacy of male and female. **Discussion:** The result suggested that imago relationship training can increase marital intimacy in addicts and their wives, and it can provide a healthy family environment to the maintenance of mental and physical health and prevention of relapse of addiction after treatment.

Key words: Imago Relationship Training, Marital Intimacy, Addict.

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