

The Effectiveness of Life Skills Training on Reduction of the Risk and Enhancement of the Protective Factors against Drug Abuse for Delinquency Children in Reformatory Place

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Abstract

Objective: the aim of this study was investigation the effectiveness of life skills training on reducing the risk factor and enhancement of protective factors in city of Hamadan reformatory place for delinquency children. **Method:** in this semi-experimental research among 400 persons of Hamadan reformatory place for delinquency children, 36 individual (experimental group 17 persons, control group 16 persons) were selected via random sampling method. The experimental group received 8 training sessions. The main instrument of this research was, drug consuming risk and protective factors questionnaire. **Findings:** the results indicated that the scores of attitude toward drug, depression and sensation seeking of experimental group are lower than control group and in assertiveness and self-control factors were higher. **Conclusion:** the life skills training reduced risk factors and enhanced protective factors regarding to drug consuming in delinquent adolescence.

Key words: life skills training, risk factors, protective factors

۱۳

13

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