

The Relationship Between Depression and Tehran High School Students' Approach Towards Drug Abuse

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Abstract:

This research looks into the relationship between depression and the approach by Tehran high school students towards drug abuse. For this purpose, by using the correlation research method, 195 students from the first, second and third grades of high school were selected through the multi-stage cluster sample-taking method and were later evaluated through the Beck depression test and the drug abuse survey (Mousavi and colleagues). After collecting the inputs and their analysis by using the Pearson correlation coefficient and the two-variable variance analysis the following conclusions were drawn:

- Depressed teenagers (regardless of their gender and grade) have a more positive approach towards drug abuse.
- There is positive correlation between the depression scores and teenagers' approach towards drug abuse in the ordinary group.
- The spread of depression among female students of the first grade of high school and male students of the third grade of high school is higher compared to other high school grades.

Key Words: Depression, Drug Abuse and Teenagers.