

A Comparative Study of Problem Solving Styles and Thinking Styles among Substance and Non- Substance Abusers

Matinnejad, S.A.¹, Mosavi, S. A.M.², Shams Esfandabad, H.³

Abstract

Introduction: Today substance abuse is one of the most social and psychological problems in the different countries of the world. It is a serious threat for the human society in general. The aim of the present study was to compare the problem – solving styles and thinking styles among addict and non addict persons. **Method:** In this purpose 100 participants (50 addicts and 50 non - addicts) selected and problem solving styles questionnaire, also thinking styles administered among them, individually. **Results:** The results indicated that problem solving styles and thinking styles were different in addicts and non addict participants. Addicted persons was reported lower scores on creative and approach problem solving style in comparison of non-addict participants. Also they reported lower scores on legislative, juridical, oligarchic, local, internal and liberal thinking styles. **Conclusion:** the results showed difference in problem solving and thinking styles, then it can be considered in prevention of addiction.

Key words: Problem – Solving Styles, Thinking Styles, Substance Abuser.

1. Author-in-chief: M.A. of Psychology, Imam Khomeini International University. Email: a_matinnejad@yahoo.com

2. Assistant Professor of Imam Khomeini International University, Psychology Department

3. Associate Professor of Imam Khomeini International University, Psychology Department