

The Relationship between Life Skills and Family Performance in Addicted Women

Komasi, S.¹, Moradi, T.², Zakieji, A.³, Amiri, M. M.⁴, Saeedi, M.⁵

Abstract

Aim: Among ingredients of success of family and decreasing mental and social damages are be some skills in the family. This study was aimed The Relationship between life skills (self awareness, interpersonal relationships, and decision making) and, family performance in addicted women of Kermanshah city. **Methods:** The research design of current study was correlation method. Research population was all addicted women who were referred to Methadone therapy centers of Kermanshah city in summer of 1390. First 15 centers selected randomly and among 82 referred women 22 women discarded because of illiteracy, old age, or lack of cooperating. Thus, Sample of this study was 60 women. Bloom family performance and Ghiasi's life skills questionnaires were administered among selected sample. **Results:** The results showed there is significant correlation between family performance and decision making skill in addicted women, but there is not significant correlation between family performance and self awareness and interpersonal relationships. **Conclusion:** Existing some of special skills in family such as decision making skill can be impressing on the level of family performance and incidence of social damages such as addiction.

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1. Author-in-chief: M. A. of Educational Research. E-mail: saeidkomasi@yahoo.com
 2. M. A. of General Psychology
 3. M. A. of General Psychology
 4. M. A. of Clinical Psychology
 5. M. A. of Clinical Psychology