

Attachment Styles and Risky Behaviors

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Abstract

Objective: Current challengeable life, faces young with varied damages. The Purpose of this research was appointment of role of attachment styles in the risky behaviors of students. **Method:** the method of the project was attachment in descriptive ones. 273 people of students were selected via several stage cluster sample, and answered to questionner of adult attachment and risky behaviors. **Results:** Results of analyses of data showed that secure attachment style related with risky behaviors negatively and ambivalence attachment style and avoidant attachment style related with risky behaviors positively. **Conclusion:** Therefore is emphasized on the importance of instruction of families in the field of creation of secure relationship with children and also importance of plans for heighten secure attachment by counseling centers of university.

Keyword: Attachment styles, Risky Behaviors, addiction

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