

Codependency and Validating Spann-Fischer in The Women of Mashhad

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Abstract

Objective: The aim of this study is validating Spann-Fischer (codependency test) and investigating the "codependency" based on characteristics of the substance abuser wives. **Methods:** Spann-Fischer test normalize using a sample of 507 women. A sample contain of 204 women with addicted husbands who had referred to 33 quitting centers in Mashhad were analyzed and they also were used to validate the test. **Results:** The results confirm the validity and reliability of Spann-Fischer test, significant. **Conclusion:** The results emphasize the role of codependency as a factor against addiction treatment.

Keywords: codependency, addiction, normalization

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