

The Comparison of Personality Characteristics and Problem Solving Styles in Addicted And Non-Addicted Men

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Abstract:

introduction: The goal of this study was to compare the personality characteristics and problem solving styles of addicted and non-addicted men. **Method:** This study is a causal comparative design survey. In this study 180 addicted men was selected through convenience sampling method from addicted men that referred to addiction treatment centers of Rasht city and matched in gender, age, education and job with 180 non addicted men and then two groups compared with each other. All participants completed the NEO-FFI-R and problem solving styles questionnaires. The gathered data were analyzed through SPSS software. **Findings:** The results showed that an addicted man in comparison with non-addicted men was upper in neuroticism and lower in agreeableness, extraversion and consciousness dimensions. Also there was no difference in openness dimension between two groups. **Conclusion:** The finding of present study suggests that educating efficient problem solving styles to people to cope with life stressful events could restrain and prevent addiction and other psychosocial disorders.

Keyword: addicted, non-addicted, personality characteristics, problem solving styles

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