

The Comparison of Resiliency, Identity Styles, Spirituality and Perceived Social Support in Addicts, Non-Addicts, and Recovered Addicts

HosseiniAlmadani, S. A.¹, Ahadi, H.², Karimi, Y.³, Bahrami, H.⁴, Moazedian, A.⁵

Abstract

Introduction: The purpose of this study was comparing of resiliency, identity styles, spirituality, and perceived social support in addicts, non-addicts, and recovered addicts. **Method:** In this causal-comparative study, by available sampling, 30 addicts, 30 non-addicts, and 30 recovered addicts were selected of adolescents. All participants completed the resiliency, identity styles, spirituality, and perceived social support questionnaires. **Results:** The results of comparing of identity styles indicated that on informational and normative styles, non-addicts had significantly higher scores than addicts and recovered addicts. On avoidant/disoriented style, non addicts had significantly lower levels than two other addict groups. The results of comparing of resiliency showed that non-addicts had significantly higher scores than two other groups. Also recovered addicts were significantly more resilient than addicts. In comparing of spirituality component, non addicts and recovered addicts had significantly higher scores than addicts. By Comparing of perceived social support, non-addicts and recovered addicts had significantly higher levels than addicts. **Conclusion:** According to the results of this study, participating in NA groups and perception of social support increased the resiliency of recovered addicts. Also, identity is relatively consistent component that by participating in treatment process, does not change significantly.

Keywords: resiliency, identity, spirituality, social support

۷
7

سال ششم، شماره ۲۱، بهار ۱۳۹۱
Vol. 6, No. 21, Spring 2012

1. Author-in-chief: Ph.D of Psychology. Islamic Azad University, Science & Research Branch. E-Mail: alihosseiniAlmadani@yahoo.com

2. Professor of Psychology. Islamic Azad University, Science & Research Branch

3. Professor of Psychology. Islamic Azad University, Science & Research Branch

4. Professor of Psychology. Islamic Azad University, Science & Research Branch

5. Ph. D Student of Psychology, Roodehen Islamic Azad University