The Comparative Study of Coping Styles and Hope among Narcotic Anonymous and Methadone Maintenance Treatment Members

Beygi A.¹, Mohammadyfar M., A.², Farahani M., N.³, Mohammadkhani Sh.⁴

Abstract
Introduction: Narcotic Anonymous (NA), and related 12-steps program have predominant influence on drug abuse treatment programs. The aim of this study was to compare coping styles and hope among Narcotic Anonymous and Methadone Maintenance Treatment members. Method: In this causal-comparative study, 100 male (50: NA, 50: MMT. Age: 20-40, minimal clean: 6 month), from Shahrood city completed coping styles scale, and hope scale. Findings: Results showed that Mean scores of Agency thinking, Task-oriented coping style, and Avoidance-oriented coping style, in NA members was significantly high, from MMT members. Also, results of Discriminant Analysis showed that comparative differences between this samples were highlighted in compound of variables. Conclusion: It seems that actively attendance in NA may enhances effective Coping style and hope.

Key words: Narcotic Anonymous, Methadone Maintenance Treatment, Hope, Coping Styles

1. Author-in-chief: Teacher of Galikesh Payame Noor university. Email: Ali.Beygi@yahoo.com
2. Assistant Professor of Semnan University, Psychology Department
3. Associate Professor of Tarbiat Moalem University, Psychology Department
4. Assistant Professor of Tarbiat Moalem University, Psychology Department