The Prevalence of Substance Use among Bandar Abas Azad Islamic University Students

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Abstract

Aim: Substance abuse is one of the most important problem and disease in current century that produced wide worry in the entire world. The solving of addiction among young and educated population is more important issue. The current research was aimed the study of the prevalence rate of the substance use (included: opium, alcohol, cigarette, Hubble bubble) among Bandar Abas azad Islamic university students. Method: In this cross sectional study 310 university students were selected by stratified random sampling. For gathering data the prevalence substance use questionnaire was used. Results: The findings showed the start age was 22-25 years old. Also, prevalence rate of cigarette, Hubble bubble, opium, and alcohol were higher in boy students in comparison of girl students. The rate of difference was significant by run of chi square analysis. Conclusion: Sex, the history of substance use in family member, and friends were risk factors of substance use.

Key words: Substance Use, University Students, Prevalence, Bandar Abas

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