

## **The Role of Life Skills in Attitude Towards Narcotic Drugs and Students' Self-Esteem**

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### **Abstract:**

The research seeks to examine the role of life skills concerning attitude towards narcotic drugs and students' self-esteem. The research design is experimental and includes pilot plans as well as pre-test and post-test control group designs. The sample groups include 60 male students (30 students in the pilot group and 30 students in the control group). The research results are as follows:

1. Offering life skills' training to students has caused meaningful variations ( $P < .001$  level) in students' knowledge towards the issue of drugs.
2. Offering life skills' training to students has caused meaningful variations ( $P < .001$  level) in students' attitude towards drugs
3. Offering life skills' training to students has caused meaningful variations ( $P < .001$  level) in students' self-esteem

**Key Words:** Life Skills, Knowledge, Attitude, Self-Esteem and Narcotic Drugs.