A Comparative Study of Problem Solving Styles and Thinking Styles among Substance and Non-Substance Abusers

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Abstract

Introduction: Today substance abuse is one of the most social and psychological problems in the different countries of the world. It is a serious threat for the human society in general. The aim of the present study was to compare the problem-solving styles and thinking styles among addict and non-addict persons. Method: In this purpose 100 participants (50 addicts and 50 non-addicts) selected and problem solving styles questionnaire, also thinking styles administered among them, individually. Results: The results indicated that problem solving styles and thinking styles were different in addicts and non-addict participants. Addicted persons was reported lower scores on creative and approach problem solving style in comparison of non-addict participants. Also they reported lower scores on legislative, juridical, oligarchic, local, internal and liberal thinking styles. Conclusion: the results showed difference in problem solving and thinking styles, then it can be considered in prevention of addiction.

Key words: Problem – Solving Styles, Thinking Styles, Substance Abuser.

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