

**The relationship between emotional intelligence and resilience  
in students at university of social welfare science and  
rehabilitation**

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**Abstract**

**Objectives:** The aim of the present study was to examine relationship between emotional intelligence and resilience in students at university of social welfare science and rehabilitation.

**Method:** ۱۰۰ students resident in bedroom participated in this correlational study. Modified Schutte Emotional Intelligence Scale (MSEIS) and Coonor-Davidson Resilience Scale(CDRIS) were applied to assess variables. Data were analyzed by Pearson correlation and multiple regressions.

**Finding:** This study revealed significant associations among emotional intelligence factors and resilience ( $p < .05$ ). Results of multiple regression showed that the emotional intelligence factors can Predict respectively ۴۱% of the resilience variance ( $p < .0005$ ).

**Conclusion:** The more the emotional intelligence are higher and favorable, the more probability that students becomes resilient in the face of adversity.

**Key Words:** *emotional intelligence -resilience- adversity-student.*