The Comparison of Defense Mechanism Styles and Personality Characteristics in Addicts and Healthy Individuals

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Abstract

Aim: The purpose of this study was to comprise of psychological defense mechanism styles and personality characteristics in addicts and healthy individuals.

Method: In this causal-comparative study, 70 addicts person (with an average age of 37.29±9.81and the age range 23 to 58 years) were selected via accessible sampling method of clinics and Hamadan's addicted self-representing center during the Autumn of 2011, The number of 70 relatives of these people that demographic variables were matched as possible with the comparison group were selected. Both groups were asked to respond to the defense mechanism style and Eysenk personality Questionnaires. **Results:** The result of this study showed that the scores mean of addicts were higher than healthy people on immature defense mechanism style, neourotism, and neurotic and extraversion personality characteristics and lower than in mature defense style variables. **Conclusion:** Based on the result of this study there was a significant difference between addict individuals and healthy people in defense mechanism and personality characteristics.

Key words: Defense Mechanism, Personality Characteristics, Addiction

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