

The Relationship between Motivational Structure, Mental Health and Attitude to Opiate Substances in University Students

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Abstract

Introduction: This study was carried out with the aim of evaluating the relationship between motivational structure, mental health and attitude to opiate substances in a sample of North-Khorasan's university students. **Method:** In a descriptive cross-sectional study, 400 participants (200 males and 200 females) were selected by stratified random sampling of three universities of north khorasan. All participants completed the SCL-90-R, Personal Concerns Inventory and Attitude to Opiate Substances questionnaire. **Findings:** The results revealed that there was a significant difference between participants with maladaptive motivational structure and adaptive motivational structure on GSI and subscales of SCL-90-R. In addition, the comparison of two groups showed that participants with maladaptive motivational structure had significant more positive attitude to opiate Substances than participants with adaptive motivational structure. **Conclusion:** There is a significant relationship between motivational structure, mental health and attitude to opiate substances.

Key words: Motivation, Attitude to Opiate Substances, Personal Concerns, Mental Health

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